

Membership

**Sense
Ability
Matters**

Why Join SAM?

As a member of Sense Ability Matters (SAM), you'll be part of a vibrant community that values inclusion, accessibility, and positive change.

At SAM, we support adults in South Tyneside and Gateshead who have a sensory impairment, are disabled, or live with a long-term health condition.

Our members are at the heart of everything we do, your voice helps shape our services and future.

Over the last year, we've made a real impact in our local area. Douglas (not his real name) has sight and hearing loss, and osteoarthritis affects his mobility. SAM's services helped him come to terms with his diagnosis. Douglas said:

"When I was initially referred to SAM I felt like I had lost my identity due to my disabilities. With help from SAM I have regained my confidence and am in a much better place, I'm happy."



One of the most important ways you contribute to our success is by being or becoming a member - this gives you a voice in how we make decisions, and about the future of our services.

Membership includes:



Welcome Pack: Includes a membership card, welcome gift, and key policy documents.



Regular Updates: Receive 4 newsletters per year in your preferred format.



Have Your Say: Vote in our Annual General Meetings and help shape SAM's future.



Exclusive Events: Enjoy two free social events per year (summer & winter). Bring a guest for just £5!

Membership details:

Duration: 1 year (December 1st – November 30th)

Cost: £20 per year for individual membership, dual membership discount, £35 per year

Renewal: Easy renewal process with reminders before expiry

Cancellation: Full refund if cancelled within 2 months

Voting Rights: One vote per member; voting by post, in person, by telephone or electronically

Ready to Join?

Contact us for a membership pack:

contactus@weareSAM.org.uk

www.wearesam.org.uk

Telephone: 0191 4785959

Registered charity number: 1107499

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